

We have available extra test lists which will let you expand your allowable foods list.

To Order Extra Tests Return this form to your consultant.

Please include a new hair sample

Name..... List A [] List B []

Card Number | | | | | | | | | | | | | | | | | | | | | |

Expiry|.....

Signature..... Date...../...../.....

cost of List A & B..... \$100.00 []

EXTRA LIST A

BREAD /GRAINS

1. BRIGHTERLIFE Bread mix
2. BRIGHTERLIFE Whey
3. BRIGHTERLIFE Muffin Mix
4. BRIGHTERLIFE Pikelet mix
5. Spelt Flour
6. Lecithin
7. Polenta
8. Amaranth Flour
9. Falafel
10. Quinoa flour
11. Potato Flour
12. ORGRAN Buckwheat Flour
13. ORGRAN No Egg
14. ORGRAN Rice Pasta
15. SAN REMO Gluten Free Pasta
16. ORGRAN Rice and Corn Pasta
17. FREEFORM Choc Crunch Biscuits
18. FREEFORM Double Chocolate Biscuits
19. FREEFORM Lemon Cake
20. ESKAL Lemon Wafer biscuits
21. BASCO Chocolate Cake mix
22. BASCO bread mix
23. BASCO chicken & veg soup
24. BASCO Pancake mix
25. ESSENE sprouted bread
26. COUNTRY LIFE Dark Rye bread
27. COUNTRY GRAIN Organic Rye bread
28. OLD TIME BAKERY Rye Bread
29. MOORE'S Gluten/yeast free Bread

CEREALS / BARS

30. CRUNCHOLA Apple and Blueberry
31. FREE AND LOW Muesli
32. GOOD MORNING CEREALS Millet Puffs
33. LOWAN Rice Porridge
34. LCM bars cereal & milk
35. Cadburys Brunch Bar fruit & nut
36. ALL BRAN Baked Bars

DRINKS

37. Caro
38. Ecco
39. Yakult
40. Oat milk
41. A2 milk
42. Lactose Free milk
43. Formosa Tea
44. Chai Tea
45. Dr Stuart's Diet Aid Tea
46. Poweraid
47. Staminaide
48. V8 vegetable juice
49. ANLENE milk
50. Miso Soup

EXTRA LIST B

SWEETS

1. Stevia
2. MANUKA Honey
3. SWEET WILLIAM Chocolate
4. ARTISSE Chocolate
5. HOLEX Chocolate
6. COLES Belgian Chocolate

CHEMICALS

7. RED SEAL Herbal Toothpaste
8. GRANTS Mineral Herbal Toothpaste
9. VICCO Herbal Toothpaste
10. Earth Choice Dishwashing Liquid

HERBS/SPICES

11. Cloves
12. Gelatine
13. Garam Masala
14. Thyme
15. Bay Leaf
16. Paprika
17. Fennel Seeds
18. All spice
19. Turmeric
20. Cajun Spices
21. Cumin
22. Dill
23. Tarragon
24. Ghee
25. Massel Supreme gravy mix
26. Tabouli
27. Bonox
28. Bovril
29. Homus
30. KRAFT Classic Mayonnaise
31. PRAISE Traditional Mayonnaise
32. Tahini

OTHERS

33. WOOLWORTHS Organic Baked Beans
34. SPC Baked Beans
35. Psyllium
36. AYAM Oyster Sauce
37. HEINZ big red tomato sauce
38. SMITHS chips plain
39. Couscous
40. Fetta Cheese
41. Temphey
42. LLOYDS Organic Prune juice
43. Gherkins
44. Popcorn microwave
45. Sardine in oil
46. Twisties cheese
47. Burger Rings
48. FOUNTAIN Sweet Chilli sauce
49. CHRIS' Tzatziki dip
50. CHRIS' Spring Onion dip